



# Top 5 Weight Loss Supplements

On the Market Today



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Thank you for your cooperation. Enjoy the report!

# INTRODUCTION

Hello, and welcome to "Top 5 Weight Loss Supplements!"

As the name implies, we are counting down the top five weight loss supplements on the market. Please note that we're talking about natural supplements here, and not drugs. As such, side effects with these products will be at a minimum.

That said, they can still happen. It will be up to you to do the research when it comes to any reported adverse effects that people experience. For most products, we're linking you straight to pages with customer reviews right on the page.

Their experiences will go a long way toward helping you understand what to possibly expect yourself.

I've based these rankings on a few key factors...

1. Customer reviews. This should seem pretty obvious, but I'm really hard-pressed to come up with a better barometer of a product's efficacy than the opinions and results of those who actually use the product! :)
2. Longevity. The length of time a particular product has been on the market, selling well, and generating buzz – at least to me – indicates that there may be more to it than simple short-term marketing magic.
3. Safety and comfort. Like I said, most of these natural supplements are safe. But sometimes side effects that can jeopardize a person's good times can arise. These usually come in the form of digestive issues, jitters/anxiety, and skin issues.

Again, read the reviews that I link you to. These will help you to make informed decisions along the way.

And with that, let's begin...

# #5 – HAVASU APPLE CIDER VINEGAR CAPSULES



Seems like everyone's talking about apple cider vinegar these days. It's being touted as a cure or treatment for just about everything.

From gout to ulcers to digestion to cleansing to hiccups to heartburn to... weight loss?

As I was reviewing supplements to share with you (and I reviewed close to 70), this one jumped out at me simply because the reviews were just so overwhelmingly favorable.

Seriously, read these reviews and tell me that this stuff doesn't seem to be the 2nd coming!

Now, it's not alone in receiving rave reviews, which is why it's ranked #5. But here's something that I find interesting, and exciting...

On Amazon, you can clearly see that people are ordering supplements featured in this

report in tandem. They're combining two or more of these products for enhanced results.

But again, read the reviews. I bet they'll make you a believer..



# #4 – ROCK STAR "SKINNY GAL" THERMOGENIC



This is an extremely potent fat burner designed for women.

Here's the description from Amazon...

"You've heard the hype and the claims before, but you've never seen anything like Rockstar's Skinny Gal.

Finally, a thermogenic diet pill for women that works fast. It's the brand you choose when you want results.

Skinny Gal is jam packed with powerful ingredients that help women to burn fat fast. Raspberry ketones, Garcinia Cambogia, African Mango, CLA. We've got the whole formula figured out for safe, pure, and all natural weight loss."

It sounds a bit hypey... but that's marketing for ya. ;)

Like our #5 ranked product, however (which people often purchase with Skinny Gal), the reviews are absolutely incredible. Currently enjoying a 4 (out of 5) star rating on Amazon, you should really see what kinds of results are being achieved...



# #3 – NOW FOODS GLUCOMANNAN POWDER



So many people swear by this stuff that it's hard not to take it seriously.

This is essentially a type of fiber supplement that comes from the Konjac Root.

The way it works is that it forms a gel and, once ingested, kind of "tricks" your stomach into thinking it's full.

Those who use it claim to eat quite a bit less, due to this effect.

It's also said to have other positive digestive properties, such as promoting regularity and keeping your cholesterol levels in check. In other words, it helps to clean you out... always good for fat loss!

Don't expect a miracle with this supplement, but then again, don't expect a miracle with any supplement! A sensible diet and fitness regimen will always win out. But all of the evidence, including 3 known studies that show this supplement alone to help reduce weight by up to 10 pounds in five weeks, should really excite you.

The price is right with this particular supplement, too. Two bottles will only cost you around 20 dollars or so on Amazon, as of this writing. I also see no reason why this can't be combined with the #1 rated (or any other) product on this list for enhanced effectiveness. You can read the reviews and try this for yourself here...

**Learn More** 

## #2 – NATUREWISE CLA 1250



4.5 stars on Amazon, and this is with 1,100+ reviews logged as of this writing! That's huge.

So why are people seemingly so crazy about this particular "highest potency" formula? Let's take a look...

*"It has been almost three weeks since I started taking CLA 1300 and I was happily surprised to find that I have lost 10 lbs."*

- Breezy

*"In just 15 days I lost 5% body fat and gained 4% muscle mass."* - PerkReviews

*"This stuff is amazing! I have low thyroid so losing weight has been a struggle despite eating clean and regular exercise. Since starting this product I have been losing weight consistently."*

- Lisa

But I don't need to keep citing the reviews for you. You can go over and check them out yourself. And learn more about the product while you're at it...



# #1 – GREEN COFFEE BEAN MAX



This is our #1 rated product for a few key reasons...

1. It's all-natural.
2. It's safe.
3. The formulation is pure (critical).
4. It's tested and proven to work.
5. It burns fat and slows carbs.
6. It gives you energy, without jitters.
7. It comes with some cool bonuses!

The diet community continues to rave about green coffee bean extract for weight loss. It's been hot for YEARS!

Of course, there's no mystery as to what the stuff is. It's simply raw coffee. Unroasted... unprocessed.

The key ingredients are caffeine (duh) and chlorogenic acid. At 800mg, this is a potent formula that is likely to, especially if used in conjunction with any of our other recommended supplements, suppress your appetite while boosting your metabolism.

This product isn't particularly cheap, but they do offer discounts on bulk orders. Their best value package is "buy 3 get 2 free." It's certainly something to consider. You can get all the details here...

